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**\*\*FOR IMMEDIATE RELEASE\*\***

## How Surrendering One's Self to God Leads to a Life of Redemption and Fulfillment

NEW YORK—August 16, 2022—Morgan James' new release, *Broken & Redeemed: Finding Freedom Through Complete Surrender*, by John Jarman, is a memoir devotional of brokenness, surrender, and redemption, leading to a deepening of faith.

A story of John Jarman's journey to finding redemption in the Grace of God, *Broken & Redeemed* covers John's troubled childhood and challenging adulthood and teaches individuals how to find true strength in faith. By explaining what "total surrender" to the Lord looks like, *Broken & Redeemed* shares how vulnerability and self-knowledge lead to a deeper relationship with God.

*Broken & Redeemed* depicts how to overcome an abusive childhood and shows how the Lord uses the least likely to show His grace and glory. A powerful memoir, *Broken & Redeemed* shows how to truly live following God's voice.

If you would like more information about this topic, or to schedule an interview with John Jarman, please contact Media Contact Name: John Jarman at Media Contact ([john@brokenandredeemed.com](mailto:john@brokenandredeemed.com)).

### About the Author:

John Jarman is a professional fitness coach and men's discipleship leader with a passion for seeing lives changed by Jesus Christ. A former football coach and Marine Corps veteran of Desert Storm, John's life was radically transformed from a self-destructive trajectory to one of life, wholeness, and a dynamic walk with Christ, a story that is told in the pages of *Broken and Redeemed*. John holds a master's degree in Physical Education from Ohio University, and, as of this writing, is close to completing a Master's degree in Theology from Faith Seminary in Tacoma, Washington, where he resides.

### More About This Title:

*Broken & Redeemed: Finding Freedom Through Complete Surrender*, by John Jarman, will be released by Morgan James Publishing on August 16, 2022. *Broken & Redeemed* —9781631958298 —has 214 pages and is being sold as a trade paperback for \$16.99.

### About Morgan James Publishing:

Morgan James publishes trade quality titles designed to educate, encourage, inspire, or entertain readers with current, consistent, relevant topics that are available everywhere books are sold.  
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